

COLAC Mg

Class 3 OTC drug

Laxatives

◆ Colac Mg is a laxative combining magnesium oxide, a nonirritating ingredient. ☒ Magnesium oxide accumulates water in the intestine to soften stools and is effective in those who have relatively hard stools. □

Indication

1) Constipation ☒ Relief of the following symptoms due to constipation: dull headache, hot flush, skin roughness, eruption, loss of appetite (anorexia), fullness in the abdomen, abnormal fermentation in the intestines, and hemorrhoids □

Dosage and administration

Take the following dose with cold or lukewarm water at bedtime (or on an empty stomach). However, start with a minimum dose and increase or decrease the dose gradually depending on bowel movement or conditions.

15 years or over: 3 to 6 pieces per dose, once daily

11 to 14 years: 2 to 4 pieces per dose, once daily

7 to 10 years: 2 to 3 pieces per dose, once daily

5 to 6 years: 1 to 2 tablets per dose, once daily

Under 5 years: Do not take

Comply with the prescribed dosage and administration instructions.

The use of the drug in children should be supervised by a parent.

How to take out the tablets

• As shown in the figure, press the convex part of the PTP sheet containing the tablet firmly with your fingertips, break the aluminum foil on the back side, and take out the tablets.

• (If the tablets are inadvertently taken together with the PTP sheet containing them, it will lead to unexpected accidents, such as the sharp edge sticking into the esophageal mucosa.)

ingredient and amount

In 6 tablets

Magnesium oxide

1980mg

Excipients

cellulose

Croscarmellose sodium

Calcium stearate

Precautions

When not to use the product

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions are more likely to occur.)

● This medicine should not be taken together with the following medicines:

Other cathartic agents

Consultation

● The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.

Patients undergoing medical treatment from a physician

Pregnant women or women suspected of being pregnant.

The elderly

Persons with the following symptoms:

Severe abdominal pain

nausea and vomiting

Persons diagnosed as having the following

kidney disease

● If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.

Gastrointestinal system

Severe abdominal pain

nausea and vomiting

Neuropsychiatric system

Intense sleepiness

Decreased consciousness

Cardiovascular system:

Dizziness when standing up

Slowing pulse

Respiratory system:
breathing difficulties

Other:

Muscle weakness

Dry mouth

● The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.
diarrhea

● When symptoms do not improve even after taking this medicine for about 1 week, stop taking this medicine and consult a physician, pharmacist or registered salesperson, being sure to take this instruction leaflet with you.

Precautions for storage and handling

Avoid direct sunlight, and store the product in a cool place with little humidity.

Store the product beyond the reach of children.

Do not transfer the drug to other containers. (It may lead to misuse or quality deterioration.)

Do not use the product past the expiration date. Even within the expiration date, try to use it up as soon as possible once it is opened (to assure the quality).

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