Designated quasi-drugs

# SHIN BIOFERMIN® S PLUS TABLETS

For Intestinal Regulators

Four types of lactic acid bacteria acting on the small and large intestines inhibit the growth of "bad" bacteria and regulate the intestinal microbiota, thereby improving gastrointestinal issues such as soft stools, constipation, and abdominal fullness.

#### Indication

Intestinal regulation (regulate one's stools), soft stools, Constipation, Abdominal fullness

## Dosage and administration

Take the following amount after meals.

15 years old or over: 3 tablets per dose, 3 times daily 5 to 14 years old : 2 tablets per dose, 3 times daily

Under 5 years old : Do not take

# Precautions of Dosage and Administration

When allowing children to take the medicine, a guardian must be present to watch and tell such them how to take it. Strictly follow the recommended dosage and administration.

Children under 5 years old should not take this medicine. It may get stuck in the throat.

### Ingredient and amount

In 9 tablets (daily dosage for persons ≥ 15 years old)

Bifidobacterium: Bifidobacterium bifidum 9 mg, Bifidobacterium longum 9 mg Lactomin: Streptococcus faecalis 18 mg, Lactobacillus acidophilus 18 mg

#### **Excipients**

Corn Starch ,Dextrin,Lactose ,Precipitated Calcium Carbonate ,Maltose Syrup Powder,White Soft Suger,Talc,Magnesium Stearate,Fructo oligosaccharide

#### Precautions

#### Consultation

- The following persons should consult a physician or pharmacist before taking this medicine. Patients undergoing medical treatment from a physician
- In the following cases, immediately discontinue this medicine, and consult a physician or pharmacist. Be sure to show package insert.

If symptoms do not resolve after using the medicine for approximately one month

## Precautions for storage and handling

Store the product beyond the reach of children.

Do not take the product past the expiration date.

Store in a cool, low humidity place away from direct sunlight with an air tight closure on.

Discard the filling in the bottle immediately after opening the lid. (If the filling is returned to the bottle, it may absorb moisture, degrading the quality. The filling prevents tablets from breaking during transportation.)

Tightly close the bottle cap after each use. (Other smells are transferred, and moisture degrades the quality.)

Do not transfer the medicine to other containers. (It may lead to misuse or quality deterioration)

Enter the date when you open the bottle in the "Date of opening" columns on the box and bottle.

Once you open the package, take it as soon as possible, ideally within 6 months after opening to ensure the quality.

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- •This product is a pharmaceutical product (or quasi medicine) approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
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