# **ALFE** mini

◆To improve the feeling of fatigue after work

#### Indication

- ★Maintenance and improvement of physical strength or resistance or concentration
- ★Recovery from and prophylaxis of fatigue
- ★Improvement and prophylaxis of physical malfunction associated with frail constitution (including physical weakening due to aging): getting tired easily, persisting fatigue, lack of physical strength, physical tiredness or feeling languid, weakening of bones or teeth
- ★Improvement and prophylaxis of physical malfunction associated with malnutrition in daily living: bad skin conditions (rough or dry skin), anemic tendency, decreased appetite and malaise associated with hangover
- ★ Nutritional support for declined physical strength during/after illness, febrile debilitating illness, anorexia, pregnancy/lactation period, before and after childbirth, etc.

### **Dosage and administration**

Adults (15 years or over): Take 1 bottle (50mL) per dose once daily.

Under 15 years: Do not use.

#### Precaution

Comply with the prescribed dosage and administration instructions. (Pay attention to excessive intake, etc. if a product containing other vitamins, etc. is taken together with this drug)

## Ingredient

In 1 bottle (50mL)

Ammonium ferric citrate 22.9mg (including 4.0mg as iron)

Calcium hydrogen phosphate hydrate 130mg

Magnesium L-aspartate 150mg

Taurine (aminoethyl sulfonic acid) 500mg

Riboflavin sodium phosphate (vitamin B<sub>2</sub>) 3mg

Pyridoxine hydrochloride (vitamin B<sub>6</sub>) 5mg

Anhydrous caffeine 50mg

#### **Excipients**

Acesulfame K, sucralose, D-sorbitol, citric acid, sodium citrate, pH adjusting agent, sodium benzoate, flavoring, vanillin

No need to worry if you have yellow urine after taking the drug because it is caused by the vitamin  $B_2$  contained in the drug.

# **Precautions**

# Consultation

• If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this product to your physician, pharmacist, or registered salesperson for a consultation

Skin: rash

Gastrointestinal system: feeling of discomfort in the stomach

• The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and show this product to your physician, pharmacist, or registered salesperson for a consultation

diarrhea

• When symptoms do not improve even after taking the medicine for a while, stop taking this medicine, and show this product to a physician, pharmacist, or registered salesperson for consultation

## **Precautions for storage and handling**

• Store this in a cool place, avoiding direct sunlight.

24 June 2021 1 / 2page

- · Store the product beyond the reach of children.
- Do not take the product past the expiration date.

11

#### (Disclaimer on Multilingual Product Information)

- •This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
- •Multilingual product information is a translation of the product labeling written in Japanese and provided for your information only. It does not warrant that its contents and the product itself conforms to laws and regulations in countries other than Japan.
- •Multilingual product information is a tentative translation by the provider (or Our Company), and may be modified or altered without notice.
- •The provider (or Our Company) assumes no responsibility for any occurred problem attributable to the contents of the multilingual product information.

24 June 2021 2 / 2page